

JUNIOR SUMMER HOLIDAY TIMETABLE



AT MAPLEDURHAM - CALL 0118 946 3353 MONDAY 25TH JULY - SUNDAY 4TH SEPTEMBER 2022

Teen Gym



Guest pass

JULY

MONDAY 25TH JULY								
ACTIVITY	AGES	TIME	COST MEMBER	COST NON-MEMBER				
Crèche	4wks – 8yrs	8.30am – 3.00pm	£4.00	£5.00				
Family Swim	All ages	11.00am – 1.45pm	Free	Guest Pass				
Family Swim	All ages	2.30pm – 6.00pm	Free	Guest Pass				
Teen Gym	11yrs - 16yrs	4.00pm – 6.00pm	Free	Guest Pass				
J & Junior Multi Sports	5yrs – 15yrs	5.00pm – 5.45pm	Free	£4.50				

TUESDAY 26TH JULY

ACTIVITY	AGES	TIME	COST MEMBER	COST NON-MEMBER
Crèche	4wks – 8yrs	8.30am – 3.00pm	£4.00	£5.00
Family Swim	All ages	11.00am – 2.30pm	Free	Guest pass
Family Swim	All ages	3.15pm – 6.00pm	Free	Guest pass
Teen Gym	11yrs - 16yrs	4.00pm – 6.00pm	Free	Guest pass
Mini Football	2yrs – 4yrs	4.00pm – 4.45pm	Free	£4.50
Junior Golf	5yrs – 15yrs	5.00pm – 5.45pm	Free	£4.50

WEDNESDAY 27TH JULY

ACTIVITY	AGES	TIME	COST MEMBER	COST NON-MEMBER
Crèche	4wks – 8yrs	8.30am – 3.00pm	£4.00	£5.00
Family Swim	All ages	11.00am – 1.00pm	Free	Guest pass
Family Swim	All ages	1.45pm – 6.00pm	Free	Guest pass
Junior Dance	5yrs – 10yrs	4.00pm – 4.45pm	Free	£4.50
J Club Dodgeball	11yrs – 16yrs	4.00pm – 4.45pm	Free	£4.50
Teen Gym	11yrs – 16yrs	4.00pm – 6.00pm	Free	Guest pass

THURSDAY 28TH JULY

ACTIVITY	AGES	TIME	COST MEMBER	COST NON-MEMBER
Crèche	4wks – 8yrs	8.30am – 3.00pm	£4.00	£5.00
Family Swim	All Ages	11.00am – 2.45pm	Free	Guest pass
Family Swim	All ages	3.30pm – 6.00pm	Free	Guest pass
Teen Gym	11yrs – 16yrs	4.00pm – 6.00pm	Free	Guest pass
J Kickboxing	11yrs – 15yrs	5.00pm – 5.45pm	Free	£4.50
J Drama Club	5yrs – 15yrs	4.00pm – 4.45pm	Free	£4.50

FRIDAY 29TH JULY

ACTIVITY	AGES	TIME	COST MEMBER	COST NON-MEMBER
Crèche	4wks – 8yrs	8.30am – 3.00pm	£4.00	£5.00
Family Swim	All ages	11.00am – 2.45pm	Free	Guest pass
Family Swim	All ages	2.45am – 6.00pm	Free	Guest pass
Teen Gym	11yrs – 16yrs	4.00pm – 6.00pm	Free	Guest pass

SATURDAY 30TH JULY								
ACTIVITY	COST MEMBER	COST NON-MEMBER						
Crèche	4wks – 8yrs	8.30am – 3.00pm	£4.00	£5.00				
Family Swim	All ages	11.00am – 5.00pm	Free	Guest pass				

SUNDAY 31 ST JULY

11yrs – 16yrs 11.00am – 6.00pm

ACTIVITY	AGES	TIME	COST MEMBER	COST NON-MEMBER
Crèche – Closed				
Junior Tennis	5yrs – 10yrs	9.45am – 10.30am	Free	£4.50
Junior Yoga	5yrs – 10yrs	11.00am – 11.45am	Free	£4.50
Family Swim	All ages	11.00am – 5.00pm	Free	Guest pass
Teen Gym	11yrs – 16yrs	11.00am – 6.00pm	Free	Guest pass

AUGUST

MONDAY 1ST AUGUST									
ACTIVITY	AGES	TIME	COST MEMBER	COST NON-MEMBER					
Crèche	4wks – 8yrs	8.30am – 3.00pm	£4.00	£5.00					
Family Swim	All ages	11.00am – 1.45pm	Free	Guest Pass					
Family Swim	All ages	2.30pm – 6.00pm	Free	Guest Pass					
Teen Gym	11yrs – 16yrs	4.00pm – 6.00pm	Free	Guest Pass					
J & Junior Multi Sports	5yrs – 15yrs	5.00pm – 5.45pm	Free	£4.50					

TUESDAY 2ND AUGUST

ACTIVITY	AGES	TIME	COST MEMBER	COST NON-MEMBER
Crèche	4wks – 8yrs	8.30am – 3.00pm	£4.00	£5.00
Family Swim	All ages	11.00am – 2.30pm	Free	Guest pass
Family Swim	All ages	3.15pm – 6.00pm	Free	Guest pass
Teen Gym	11yrs - 16yrs	4.00pm – 6.00pm	Free	Guest pass
Mini Football	2yrs – 4yrs	4.00pm – 4.45pm	Free	£4.50
Junior Golf	5yrs – 15yrs	5.00pm – 5.45pm	Free	£4.50





### Author		WEDNESDA	NESDAY 3RD AUGUST		
All ages 11.00am - 1.00pm Free Guest pass	ACTIVITY	AGES	GES TIME		COST NON-MEMBER
Mily Swim All ages 1.45pm - 6.00pm Free Guest pass	Crèche	4wks – 8yrs	- 8yrs 8.30am - 3.00pm	£4.00	£5.00
	Family Swim	All ages	es 11.00am – 1.00pm	Free	Guest pass
THURSDAY 4TH AUGUST	Family Swim	All ages	es 1.45pm – 6.00pm	Free	Guest pass
THURSDAY 4TH AUGUST	Junior Dance	5yrs – 10yrs	10yrs 4.00pm – 4.45pm	Free	£4.50
### THURSDAY 4TH AUGUST ACTIVITY AGES	Club Dodgeball	11yrs – 16yrs	– 16yrs 4.00pm – 4.45pm	Free	£4.50
ACTIVITY AGES	Teen Gym	11yrs – 16yrs	– 16yrs 4.00pm – 6.00pm	Free	Guest pass
ACTIVITY AGES		THIIDSDAY	IIDSDAY ATH ALIGUST		
### ### ##############################	ACTIVITY				
### All ages 3.30pm - 6.00pm Free Guest pass ### Grand Club Syrs - 15yrs 4.00pm - 6.00pm Free £4.50 ### FRIDAY 5TH AUGUST ### ACTIVITY AGES TIME COST NOW MEMBER ### ACTIVITY AGES TIME COST NOW ME	Crèche	4wks – 8yrs	– 8yrs 8.30am – 3.00pm		
Mily Swim	Family Swim		•		
11yrs - 16yrs		_	•		
Time	•	_			•
Free	-				•
### FRIDAY 5TH AUGUST ACTIVITY AGES					
ACTIVITY AGES TIME COST MEMBER NON-MEMBER PROCE PÉCHO 4Wks - 8yrs 8.30am - 3.00pm £4.00 £5.00 £5.00 £5.00 £5.00 £5.00 £5.00 Free Guest pass mily Swim All ages 11.00am - 2.45pm Free Guest pass BOWN 11yrs - 16yrs ACTIVITY AGES TIME COST MEMBER NON-MEMBER PÉCHO 4Wks - 8yrs 5UNDAY 7TH AUGUST ACTIVITY AGES TIME COST MEMBER ACTIVITY AGES TIME COST NON-MEMBER ACTIVITY AGES TIME COST NON-MEMBER ACTIVITY AGES TIME COST NON-MEMBER ACTIVITY AGES TIME COST MEMBER ACTIVITY AGES TOST MEMBER ACTIVITY AC		-,,	,		
ACTIVITY AGES SUNDAY 7TH AUGUST ACTIVITY AGES A		FRIDAY	RIDAY 5TH AUGUST	COST	COST
### All ages				MEMBER	NON-MEMBER
### All ages	Crèche				
SATURDAY 6TH AUGUST ACTIVITY AGES TIME COST MEMBER ROM-MEMBER ROM-MEMBE		_	•		•
SATURDAY 6TH AUGUST ACTIVITY AGES TIME MEMBER MEMBER NON-MEMBER NON-MEMBE	•	_	•		•
ACTIVITY AGES	Teen Gym	11yrs – 16yrs	– 16yrs 4.00pm – 6.00pm	Free	Guest pass
### ACTIVITY AGES TIME MEMBER NON-MEMBER NON-MEMBER		SATURDAY	TURDAY 6TH AUGUST		
### All ages ### 11.00am - 5.00pm Free Guest pass en Gym 11yrs - 16yrs 11.00am - 6.00pm Free Guest pass ### SUNDAY 7TH AUGUST ACTIVITY AGES TIME COST MEMBER NON-MEMBER ACTIVITY AGES TIME COST MEMBER NON-MEMBER ACTIVITY AGES TIME COST NON-MEMBER ACTIVITY AGES TIME COST COST ACTIVITY AGES TIME COST COST ACTIVITY AGES TIME COST COST ACTIVITY AGES TIME COST NON-MEMBER ACTIVITY AGES TIME COST NON-MEMBER ACTIVITY AGES TIME COST COST ACTIVITY AGES TIME COST NON-MEMBER ACTIVITY AGES TIME COST COST ACTIVITY AGES TIME COST COST ACTIVITY AGES TIME COST COST ACTIVITY AGES TIME COST ACTIVITY AGES TIME	ACTIVITY	AGES	GES TIME		
SUNDAY 7TH AUGUST	Crèche	4wks – 8yrs	– 8yrs 9.00am – 12.00pm	£4.00	£5.00
SUNDAY 7TH AUGUST	Family Swim	All ages	es 11.00am – 5.00pm	Free	Guest pass
ACTIVITY AGES TIME COST MEMBER NON-MEMBER Pree £4.50 nior Tennis 5yrs - 10yrs 11.00am - 11.45am Free £4.50 mily Swim All ages 11.00am - 5.00pm Free Guest pass MONDAY 8TH AUGUST ACTIVITY AGES TIME COST MEMBER NON-MEMBER NON-MEMBER NON-MEMBER ACTIVITY AGES TIME COST MEMBER NON-MEMBER NON-MEMBER NON-MEMBER ALl ages 11.00am - 1.45pm Free Guest Pass mily Swim All ages 11.00am - 1.45pm Free Guest Pass ALl ages 11.00am - 1.45pm Free Guest Pass ALl ages ALl ages 11.00am - 1.45pm Free Guest Pass ALl ages ALl ages TUESDAY 9TH AUGUST ACTIVITY AGES TIME COST MEMBER NON-MEMBER NON-MEMBER NON-MEMBER NON-MEMBER NON-MEMBER NON-MEMBER NON-MEMBER NON-MEMBER NON-MEMBER ACTIVITY AGES TIME COST MEMBER ACTIVITY AGES TIME COST MEMBER NON-MEMBER ACTIVITY AGES TIME COST MEMBER ACTIVITY AGES TIME COST MEMBER ACTIVITY AGES TIME COST MEMBER NON-MEMBER ACTIVITY AGES TIME COST MEMBER ACTIVITY AGES TIME ACTIVITY AGES A	Teen Gym	11yrs – 16yrs	– 16yrs 11.00am – 6.00pm	Free	Guest pass
ACTIVITY AGES TIME COST MEMBER COST NON-MEMBER èche - Closed nior Tennis 5yrs - 10yrs 9.45am - 10.30am Free £4.50 nior Yoga 5yrs - 10yrs 11.00am - 11.45am Free £4.50 mily Swim All ages 11.00am - 5.00pm Free Guest pass MONDAY 8TH AUGUST ACTIVITY AGES TIME COST MEMBER Non-MEMBER èche 4wks - 8yrs 8.30am - 3.00pm £4.00 £5.00 mily Swim All ages 11.00am - 1.45pm Free Guest Pass en Gym 11yrs - 16yrs 4.00pm - 6.00pm Free Guest Pass & Junior Multi Sports 5yrs - 15yrs 5.00pm - 5.45pm Free £4.50 TUESDAY 9TH AUGUST ACTIVITY AGES TIME COST MEMBER Non-MEMBER èche 4wks - 8yrs 8.30am - 3.00pm £4.00 £5.00 TUESDAY 9TH AUGUST ACTIVITY AGES TIME COST MEMB		SHNDAY	INDAY 7TH ALIGUST		
Non-Member Non-Member Non-Member Non-Member	ACTIVITY				
### Syrs - 10yrs 9.45am - 10.30am Free £4.50 ### sinor Yoga 5yrs - 10yrs 11.00am - 11.45am Free £4.50 ### sinor Yoga 5yrs - 10yrs 11.00am - 5.00pm Free £4.50 ### sinor Yoga 5yrs - 10yrs 11.00am - 5.00pm Free Guest pass ### sinor Yoga 11yrs - 16yrs 11.00am - 6.00pm Free Guest pass ### sinor Yoga 5yrs - 16yrs 11.00am - 1.00pm Free Guest Pass ### sinor Yoga 5yrs - 15yrs 5.00pm - 5.45pm Free £4.50 ### sinor Yoga 5yrs - 16yrs 11.00am - 2.30pm 54.00 £5.00 ### sinor Yoga 5yrs - 16yrs 5.00pm - 5.45pm Free £4.50 ### sinor Yoga 5yrs - 15yrs 5.00pm - 5.45pm Free £4.50 ### sinor Yoga 5yrs - 15yrs 5.00pm - 5.45pm Free £4.50 ### sinor Yoga 5yrs - 15yrs 5.00pm - 5.45pm Free £4.50 ### sinor Yoga 5yrs - 15yrs 5.00pm - 5.45pm Free £4.50 ### sinor Yoga 5yrs - 15yrs 5.00pm - 5.45pm Free £4.50 ### sinor Yoga 5yrs - 15yrs 5.00pm - 5.45pm Free 6uest pass ### sinor Yoga 5yrs - 15yrs 5.00pm - 2.30pm Free 6uest pass ### sinor Yoga 5yrs - 16yrs 4.00pm - 6.00pm Free 6uest pass ### sinor Yoga 5yrs - 15yrs 5.00pm - 6.00pm Free 6uest pass ### sinor Yoga 5yrs - 15yrs 5.00pm - 6.00pm Free 6uest pass ### sinor Yoga 5yrs - 15yrs 5.00pm - 6.00pm Free 6uest pass ### sinor Yoga 5yrs - 15yrs 5.00pm - 6.00pm Free 6uest pass ### sinor Yoga 5yrs - 15yrs 5.00pm - 6.00pm Free 6uest pass ### sinor Yoga 5yrs - 15yrs 5.00pm - 6.00pm Free 6uest pass ### sinor Yoga 5yrs - 15yrs 5.00pm - 6.00pm Free 6uest pass ### sinor Yoga 5yrs - 15yrs 5.00pm - 6.00pm Free 6uest pass ### sinor Yoga 5yrs - 15yrs 5.00pm - 6.00pm Free 6uest pass ### sinor Yoga 5yrs - 15yrs 5.00pm - 6.00pm Free 6uest pass ### sinor Yoga 5yrs - 15yrs 5.00pm - 6.00pm Free 6uest pass ### sinor Yoga 5yrs - 15yrs 5.00pm - 6.00pm Free 6uest pass ### sinor Yoga 5yrs - 15yrs 5.00pm - 6.00pm Free 6uest pass ###		AOLS	IOLS IIML	MEMBER	NON-MEMBER
Syrs - 10yrs 11.00am - 11.45am Free £4.50		Euro 10uro	10urs 0.45am 10.20am	Eroo	64.50
All ages			,		
MONDAY 8TH AUGUST	<u> </u>		,		
MONDAY 8TH AUGUST ACTIVITY AGES TIME COST MEMBER NON-MEMBER NON-M	,	_	•		•
ACTIVITY AGES TIME COST MEMBER NON-MEMBER NON-MEMBER èche 4wks – 8yrs 8.30am – 3.00pm £4.00 £5.00 mily Swim All ages 11.00am – 1.45pm Free Guest Pass mily Swim All ages 2.30pm – 6.00pm Free Guest Pass en Gym 11yrs – 16yrs 4.00pm – 6.00pm Free Guest Pass & Junior Multi Sports 5yrs – 15yrs 5.00pm – 5.45pm Free £4.50 TUESDAY 9TH AUGUST ACTIVITY AGES TIME COST MEMBER COST MEMBER COST MEMBER Non-MEMBER èche 4wks – 8yrs 8.30am – 3.00pm £4.00 £5.00 E5.00 mily Swim All ages 11.00am – 2.30pm Free Guest pass mily Swim All ages 3.15pm – 6.00pm Free Guest pass en Gym 11yrs – 16yrs 4.00pm – 6.00pm Free Guest pass ni Football 2yrs – 4yrs 4.00pm – 4.45pm Free £4.50	reen dynn	11yis - 10yis	- 10yrs - 11.00am - 0.00pm	riee	duest pass
ACTIVITY MEMBER NON-MEMBER weeken 4wks - 8yrs 8.30am - 3.00pm £4.00 £5.00 mily Swim All ages 11.00am - 1.45pm Free Guest Pass en Gym 11yrs - 16yrs 4.00pm - 6.00pm Free Guest Pass & Junior Multi Sports 5yrs - 15yrs 5.00pm - 5.45pm Free £4.50 TUESDAY 9TH AUGUST ACTIVITY AGES TIME COST NOM-MEMBER COST NOM-MEMBER èche 4wks - 8yrs 8.30am - 3.00pm £4.00 £5.00 mily Swim All ages 11.00am - 2.30pm Free Guest pass mily Swim All ages 3.15pm - 6.00pm Free Guest pass en Gym 11yrs - 16yrs 4.00pm - 6.00pm Free Guest pass ni Football 2yrs - 4yrs 4.00pm - 4.45pm Free £4.50		MONDAY	ONDAY 8TH AUGUST		
mily Swim All ages 11.00am – 1.45pm Free Guest Pass mily Swim All ages 2.30pm – 6.00pm Free Guest Pass en Gym 11yrs – 16yrs 4.00pm – 6.00pm Free Guest Pass & Junior Multi Sports 5yrs – 15yrs 5.00pm – 5.45pm Free £4.50 TUESDAY 9TH AUGUST ACTIVITY AGES TIME COST NOM-MEMBER èche 4wks – 8yrs 8.30am – 3.00pm £4.00 £5.00 mily Swim All ages 11.00am – 2.30pm Free Guest pass mily Swim All ages 3.15pm – 6.00pm Free Guest pass en Gym 11yrs – 16yrs 4.00pm – 6.00pm Free Guest pass ni Football 2yrs – 4yrs 4.00pm – 4.45pm Free £4.50	ACTIVITY	AGES	GES TIME	COST MEMBER	
mily Swim All ages 2.30pm - 6.00pm Free Guest Pass en Gym 11yrs - 16yrs 4.00pm - 6.00pm Free Guest Pass & Junior Multi Sports 5yrs - 15yrs 5.00pm - 5.45pm Free £4.50 TUESDAY 9TH AUGUST ACTIVITY AGES TIME COST MEMBER NON-MEMBER èche 4wks - 8yrs 8.30am - 3.00pm £4.00 £5.00 mily Swim All ages 11.00am - 2.30pm Free Guest pass mily Swim All ages 3.15pm - 6.00pm Free Guest pass en Gym 11yrs - 16yrs 4.00pm - 6.00pm Free Guest pass ni Football 2yrs - 4yrs 4.00pm - 4.45pm Free £4.50	Crèche	4wks – 8yrs	– 8yrs 8.30am – 3.00pm	£4.00	£5.00
### Time	Family Swim	All ages	es 11.00am – 1.45pm	Free	Guest Pass
TUESDAY 9TH AUGUST COST MEMBER NON-MEMBER ACTIVITY AGES TIME COST MEMBER NON-MEMBER èche 4wks – 8yrs 8.30am – 3.00pm £4.00 £5.00 mily Swim All ages 11.00am – 2.30pm Free Guest pass mily Swim All ages 3.15pm – 6.00pm Free Guest pass en Gym 11yrs – 16yrs 4.00pm – 6.00pm Free Guest pass ni Football 2yrs – 4yrs 4.00pm – 4.45pm Free £4.50	Family Swim	All ages	es 2.30pm – 6.00pm	Free	Guest Pass
TUESDAY 9TH AUGUST ACTIVITY AGES TIME COST MEMBER NON-MEMBER èche 4wks - 8yrs 8.30am - 3.00pm £4.00 £5.00 mily Swim All ages 11.00am - 2.30pm Free Guest pass mily Swim All ages 3.15pm - 6.00pm Free Guest pass en Gym 11yrs - 16yrs 4.00pm - 6.00pm Free Guest pass ni Football 2yrs - 4yrs 4.00pm - 4.45pm Free £4.50	Teen Gym	11yrs – 16yrs	– 16yrs 4.00pm – 6.00pm	Free	Guest Pass
ACTIVITY AGES TIME COST MEMBER COST NON-MEMBER èche 4wks - 8yrs 8.30am - 3.00pm £4.00 £5.00 mily Swim All ages 11.00am - 2.30pm Free Guest pass mily Swim All ages 3.15pm - 6.00pm Free Guest pass en Gym 11yrs - 16yrs 4.00pm - 6.00pm Free Guest pass ni Football 2yrs - 4yrs 4.00pm - 4.45pm Free £4.50	J & Junior Multi Sports	5yrs – 15yrs	15yrs 5.00pm – 5.45pm	Free	£4.50
ACTIVITY AGES TIME COST MEMBER COST NON-MEMBER èche 4wks - 8yrs 8.30am - 3.00pm £4.00 £5.00 mily Swim All ages 11.00am - 2.30pm Free Guest pass mily Swim All ages 3.15pm - 6.00pm Free Guest pass en Gym 11yrs - 16yrs 4.00pm - 6.00pm Free Guest pass ni Football 2yrs - 4yrs 4.00pm - 4.45pm Free £4.50		TUESDAY	IFSDAY 9TH AUGUST		
with the best of the control	ACTIVITY			COST	
mily Swim All ages 11.00am – 2.30pm Free Guest pass mily Swim All ages 3.15pm – 6.00pm Free Guest pass en Gym 11yrs – 16yrs 4.00pm – 6.00pm Free Guest pass ni Football 2yrs – 4yrs 4.00pm – 4.45pm Free £4.50					
mily Swim All ages 3.15pm - 6.00pm Free Guest pass en Gym 11yrs - 16yrs 4.00pm - 6.00pm Free Guest pass ni Football 2yrs - 4yrs 4.00pm - 4.45pm Free £4.50		•			
en Gym 11yrs – 16yrs 4.00pm – 6.00pm Free Guest pass ni Football 2yrs – 4yrs 4.00pm – 4.45pm Free £4.50	-		•		•
ni Football 2yrs – 4yrs 4.00pm – 4.45pm Free £4.50	•	_			•
	Teen Gym				•
nior Golf 5yrs – 15yrs 5.00pm – 5.45pm Free £4.50	Mini Football				
T	Junior Golf	5yrs – 15yrs	15yrs 5.00pm – 5.45pm	Free	£4.50

	WEDNESDA	Y 17TH AUGUST		
ACTIVITY	AGES	TIME	COST MEMBER	COST NON-MEMBER
Crèche	4wks – 8yrs	8.30am – 3.00pm	£4.00	£5.00
Family Swim	All ages	11.00am – 1.00pm	Free	Guest pass
Family Swim	All ages	1.45pm – 6.00pm	Free	Guest pass
Junior Dance	5yrs – 10yrs	4.00pm – 4.45pm	Free	£4.50
J Club Dodgeball	11yrs – 16yrs 11yrs – 16yrs	4.00pm – 4.45pm 4.00pm – 6.00pm	Free Free	£4.50
Teen Gym	11yis - 16yis	4.00pm - 6.00pm	riee	Guest pass
	THURSDAY	18TH AUGUST		
ACTIVITY	AGES	TIME	COST	COST NON-MEMBER
Crèche	4wks – 8yrs	8.30am – 3.00pm	£4.00	£5.00
Family Swim	All Ages	11.00am – 2.45pm	Free	Guest pass
Family Swim	All ages	3.30pm – 6.00pm	Free	Guest pass
Teen Gym	11yrs – 16yrs	4.00pm – 6.00pm	Free	Guest pass
J Kickboxing	11yrs – 15yrs	5.00pm – 5.45pm	Free	£4.50
J Drama Club	5yrs – 15yrs	4.00pm – 4.45pm	Free	£4.50
	FRIDAY 1	9TH AUGUST		
ACTIVITY	AGES	TIME	COST	COST
Crèche	4wks – 8yrs	8.30am – 3.00pm	MEMBER £4.00	£5.00
Family Swim	All ages	11.00am – 2.45pm	Free	Guest pass
Family Swim	All ages	2.45am – 6.00pm	Free	Guest pass
Teen Gym	11yrs – 16yrs	4.00pm – 6.00pm	Free	Guest pass
	CATURDAY	OOTH ALICHET		
ACTIVITY		20TH AUGUST	COST	COST
ACTIVITY	AGES	TIME	MEMBER	NON-MEMBER
Crèche	4wks – 8yrs	9.00am – 12.00pm	£4.00	£5.00
Family Swim Teen Gym	All ages 11yrs – 16yrs	11.00am – 5.00pm 11.00am – 6.00pm	Free Free	Guest pass Guest pass
reen dyni	11y13 - 10y13	11.00am - 0.00pm	Tiee	Guest pass
	SUNDAY	21 ST AUGUST		
ACTIVITY	AGES	TIME	COST MEMBER	COST NON-MEMBER
Crèche – Closed			MEMBER	NON-MEMBER
Junior Tennis	5yrs – 10yrs	9.45am – 10.30am	Free	£4.50
Junior Yoga	5yrs – 10yrs	11.00am – 11.45am	Free	£4.50
Family Swim	All ages	11.00am – 5.00pm	Free	Guest pass
Teen Gym	11yrs – 16yrs	11.00am – 6.00pm	Free	Guest pass
	MONDAY	22ND AUGUST		
ACTIVITY	AGES	TIME	COST	COST
Crèche	4wks – 8yrs		MEMBER	NON-MEMBER
Family Swim		8.30am – 3.00pm	£4.00 Free	£5.00 Guest Pass
		11 00am – 1 45nm		
Family Swim	All ages All ages	11.00am – 1.45pm 2.30pm – 6.00pm	Free	Guest Pass
-	_			
Family Swim Teen Gym J & Junior Multi Sports	All ages	2.30pm – 6.00pm	Free	Guest Pass
Teen Gym	All ages 11yrs – 16yrs 5yrs – 15yrs	2.30pm – 6.00pm 4.00pm – 6.00pm 5.00pm – 5.45pm	Free Free	Guest Pass Guest Pass
Teen Gym J & Junior Multi Sports	All ages 11yrs – 16yrs 5yrs – 15yrs TUESDAY 2	2.30pm – 6.00pm 4.00pm – 6.00pm 5.00pm – 5.45pm	Free Free Free	Guest Pass Guest Pass £4.50
Teen Gym J & Junior Multi Sports ACTIVITY	All ages 11yrs – 16yrs 5yrs – 15yrs TUESDAY 2	2.30pm – 6.00pm 4.00pm – 6.00pm 5.00pm – 5.45pm 23RD AUGUST TIME	Free Free Free	Guest Pass Guest Pass £4.50
Teen Gym J & Junior Multi Sports ACTIVITY Crèche	All ages 11yrs – 16yrs 5yrs – 15yrs TUESDAY 2 AGES 4wks – 8yrs	2.30pm - 6.00pm 4.00pm - 6.00pm 5.00pm - 5.45pm 23RD AUGUST TIME 8.30am - 3.00pm	Free Free Free Free COST MEMBER £4.00	Guest Pass Guest Pass £4.50 COST NON-MEMBER £5.00
Teen Gym J & Junior Multi Sports ACTIVITY Crèche Family Swim	All ages 11yrs – 16yrs 5yrs – 15yrs TUESDAY 2 AGES 4wks – 8yrs All ages	2.30pm - 6.00pm 4.00pm - 6.00pm 5.00pm - 5.45pm 23RD AUGUST TIME 8.30am - 3.00pm 11.00am - 2.30pm	Free Free Free Free Free Free Free Free	Guest Pass Guest Pass £4.50 COST NON-MEMBER £5.00 Guest pass
Teen Gym J & Junior Multi Sports ACTIVITY Crèche Family Swim Family Swim	All ages 11yrs – 16yrs 5yrs – 15yrs TUESDAY 2 AGES 4wks – 8yrs All ages All ages	2.30pm - 6.00pm 4.00pm - 6.00pm 5.00pm - 5.45pm 23RD AUGUST TIME 8.30am - 3.00pm 11.00am - 2.30pm 3.15pm - 6.00pm	Free Free COST MEMBER £4.00 Free Free	Guest Pass Guest Pass £4.50 COST NON-MEMBER £5.00 Guest pass Guest pass
Teen Gym J & Junior Multi Sports ACTIVITY Crèche Family Swim Family Swim Teen Gym	All ages 11yrs – 16yrs 5yrs – 15yrs TUESDAY 2 AGES 4wks – 8yrs All ages	2.30pm - 6.00pm 4.00pm - 6.00pm 5.00pm - 5.45pm 23RD AUGUST TIME 8.30am - 3.00pm 11.00am - 2.30pm	Free Free Free Free Free Free Free Free	Guest Pass Guest Pass £4.50 COST NON-MEMBER £5.00 Guest pass
Teen Gym J & Junior Multi Sports ACTIVITY Crèche Family Swim	All ages 11yrs – 16yrs 5yrs – 15yrs TUESDAY 2 AGES 4wks – 8yrs All ages All ages 11yrs – 16yrs	2.30pm - 6.00pm 4.00pm - 6.00pm 5.00pm - 5.45pm 23RD AUGUST TIME 8.30am - 3.00pm 11.00am - 2.30pm 3.15pm - 6.00pm 4.00pm - 6.00pm	Free Free COST MEMBER £4.00 Free Free Free	Guest Pass Guest Pass £4.50 COST NON-MEMBER £5.00 Guest pass Guest pass Guest pass
Teen Gym J & Junior Multi Sports ACTIVITY Crèche Family Swim Family Swim Teen Gym Mini Football	All ages 11yrs – 16yrs 5yrs – 15yrs TUESDAY 2 AGES 4wks – 8yrs All ages All ages 11yrs – 16yrs 2yrs – 4yrs 5yrs – 15yrs	2.30pm - 6.00pm 4.00pm - 6.00pm 5.00pm - 5.45pm 23RD AUGUST TIME 8.30am - 3.00pm 11.00am - 2.30pm 3.15pm - 6.00pm 4.00pm - 6.00pm 4.00pm - 4.45pm 5.00pm - 5.45pm	Free Free COST MEMBER £4.00 Free Free Free Free	Guest Pass Guest Pass £4.50 COST NON-MEMBER £5.00 Guest pass Guest pass Guest pass £4.50
Teen Gym J & Junior Multi Sports ACTIVITY Crèche Family Swim Family Swim Teen Gym Mini Football	All ages 11yrs – 16yrs 5yrs – 15yrs TUESDAY 2 AGES 4wks – 8yrs All ages All ages 11yrs – 16yrs 2yrs – 4yrs 5yrs – 15yrs	2.30pm - 6.00pm 4.00pm - 6.00pm 5.00pm - 5.45pm 23RD AUGUST TIME 8.30am - 3.00pm 11.00am - 2.30pm 3.15pm - 6.00pm 4.00pm - 4.45pm	Free Free COST MEMBER £4.00 Free Free Free Free Free Free	Guest Pass Guest Pass £4.50 COST NON-MEMBER £5.00 Guest pass Guest pass Guest pass £4.50 £4.50
Teen Gym J & Junior Multi Sports ACTIVITY Crèche Family Swim Family Swim Teen Gym Mini Football	All ages 11yrs – 16yrs 5yrs – 15yrs TUESDAY 2 AGES 4wks – 8yrs All ages All ages 11yrs – 16yrs 2yrs – 4yrs 5yrs – 15yrs	2.30pm - 6.00pm 4.00pm - 6.00pm 5.00pm - 5.45pm 23RD AUGUST TIME 8.30am - 3.00pm 11.00am - 2.30pm 3.15pm - 6.00pm 4.00pm - 6.00pm 4.00pm - 4.45pm 5.00pm - 5.45pm	Free Free COST MEMBER £4.00 Free Free Free Free	Guest Pass Guest Pass £4.50 COST NON-MEMBER £5.00 Guest pass Guest pass Guest pass £4.50
Teen Gym J & Junior Multi Sports ACTIVITY Crèche Family Swim Family Swim Teen Gym Mini Football Junior Golf	All ages 11yrs – 16yrs 5yrs – 15yrs TUESDAY 2 AGES 4wks – 8yrs All ages All ages 11yrs – 16yrs 2yrs – 4yrs 5yrs – 15yrs WEDNESDA	2.30pm - 6.00pm 4.00pm - 6.00pm 5.00pm - 5.45pm 23RD AUGUST TIME 8.30am - 3.00pm 11.00am - 2.30pm 3.15pm - 6.00pm 4.00pm - 4.45pm 5.00pm - 5.45pm	Free Free COST MEMBER £4.00 Free Free Free Free Free Free	Guest Pass Guest Pass £4.50 COST NON-MEMBER £5.00 Guest pass Guest pass Guest pass £4.50 £4.50
Teen Gym J & Junior Multi Sports ACTIVITY Crèche Family Swim Family Swim Teen Gym Mini Football Junior Golf	All ages 11yrs – 16yrs 5yrs – 15yrs TUESDAY 2 AGES 4wks – 8yrs All ages All ages 11yrs – 16yrs 2yrs – 4yrs 5yrs – 15yrs WEDNESDA AGES	2.30pm - 6.00pm 4.00pm - 6.00pm 5.00pm - 5.45pm 23RD AUGUST TIME 8.30am - 3.00pm 11.00am - 2.30pm 3.15pm - 6.00pm 4.00pm - 6.00pm 4.00pm - 4.45pm 5.00pm - 5.45pm	Free Free COST MEMBER £4.00 Free Free Free Free Free Free Free Fr	Guest Pass Guest Pass £4.50 COST NON-MEMBER £5.00 Guest pass Guest pass Guest pass £4.50 £4.50 COST NON-MEMBER
Teen Gym J & Junior Multi Sports ACTIVITY Crèche Family Swim Family Swim Teen Gym Mini Football Junior Golf ACTIVITY Crèche	All ages 11yrs – 16yrs 5yrs – 15yrs TUESDAY 2 AGES 4wks – 8yrs All ages All ages 11yrs – 16yrs 2yrs – 4yrs 5yrs – 15yrs WEDNESDA' AGES 4wks – 8yrs	2.30pm - 6.00pm 4.00pm - 6.00pm 5.00pm - 5.45pm 23RD AUGUST TIME 8.30am - 3.00pm 11.00am - 2.30pm 3.15pm - 6.00pm 4.00pm - 6.00pm 4.00pm - 4.45pm 5.00pm - 5.45pm Y 24TH AUGUST TIME 8.30am - 3.00pm	Free Free COST MEMBER £4.00 Free Free Free Free Free Free Free Fr	Guest Pass Guest Pass £4.50 COST NON-MEMBER £5.00 Guest pass Guest pass Guest pass £4.50 £4.50 COST NON-MEMBER £5.00
Teen Gym J & Junior Multi Sports ACTIVITY Crèche Family Swim Teen Gym Mini Football Junior Golf ACTIVITY Crèche Family Swim Family Swim Family Swim Junior Dance	All ages 11yrs – 16yrs 5yrs – 15yrs TUESDAY 2 AGES 4wks – 8yrs All ages 11yrs – 16yrs 2yrs – 4yrs 5yrs – 15yrs WEDNESDA AGES 4wks – 8yrs All ages All ages 5yrs – 10yrs	2.30pm - 6.00pm 4.00pm - 6.00pm 5.00pm - 5.45pm 23RD AUGUST TIME 8.30am - 3.00pm 11.00am - 2.30pm 3.15pm - 6.00pm 4.00pm - 4.45pm 5.00pm - 5.45pm Y 24TH AUGUST TIME 8.30am - 3.00pm 11.00am - 1.00pm 1.45pm - 6.00pm 4.00pm - 4.45pm	Free Free Free Free Free Free Free Free	Guest Pass Guest Pass £4.50 COST NON-MEMBER £5.00 Guest pass Guest pass £4.50 £4.50 COST NON-MEMBER £5.00 Guest pass £4.50 Guest pass £4.50
Teen Gym J & Junior Multi Sports ACTIVITY Crèche Family Swim Feen Gym Mini Football Junior Golf ACTIVITY Crèche Family Swim Family Swim	All ages 11yrs – 16yrs 5yrs – 15yrs TUESDAY 2 AGES 4wks – 8yrs All ages 11yrs – 16yrs 2yrs – 4yrs 5yrs – 15yrs WEDNESDAY AGES 4wks – 8yrs All ages All ages All ages	2.30pm - 6.00pm 4.00pm - 6.00pm 5.00pm - 5.45pm 23RD AUGUST TIME 8.30am - 3.00pm 11.00am - 2.30pm 4.00pm - 6.00pm 4.00pm - 4.45pm 5.00pm - 5.45pm Y 24TH AUGUST TIME 8.30am - 3.00pm 11.00am - 1.00pm 1.45pm - 6.00pm	Free Free Free Free Free Free Free Free	COST NON-MEMBER £5.00 Guest pass Guest pass Guest pass Guest pass £4.50 £4.50 COST NON-MEMBER £5.00 Guest pass Guest pass £4.50

SEPTEMBER

THURSDAY 1ST SEPTEMBER

THE RODAL TO SELLEMBER									
ACTIVITY	AGES	TIME	COST MEMBER	COST NON-MEMBER					
Crèche	4wks – 8yrs	8.30am – 3.00pm	£4.00	£5.00					
Family Swim	All Ages	11.00am – 2.45pm	Free	Guest pass					
Family Swim	All ages	3.30pm – 6.00pm	Free	Guest pass					
Teen Gym	11yrs – 16yrs	4.00pm – 6.00pm	Free	Guest pass					
J Kickboxing	11yrs – 15yrs	5.00pm – 5.45pm	Free	£4.50					
J Drama Club	5yrs – 15yrs	4.00pm – 4.45pm	Free	£4.50					
3									

FRIDAY 2ND SEPTEMBER

ACTIVITY	AGES	TIME	COST MEMBER	COST NON-MEMBER
Crèche	4wks – 8yrs	8.30am – 3.00pm	£4.00	£5.00
Family Swim	All ages	11.00am – 2.45pm	Free	Guest pass
Family Swim	All ages	2.45am – 6.00pm	Free	Guest pass
Teen Gym	11yrs - 16yrs	4.00pm – 6.00pm	Free	Guest pass

SATURDAY 3RD SEPTEMBER

ACTIVITY	AGES	TIME	COST MEMBER	COST NON-MEMBER
Crèche	4wks – 8yrs	9.00am – 12.00pm	£4.00	£5.00
Family Swim	All ages	11.00am – 5.00pm	Free	Guest pass
Teen Gym	11yrs – 16yrs	11.00am 6.00pm	Free	Guest pass

SUNDAY 4TH SEPTEMBER

ACTIVITY	AGES	TIME	COST MEMBER	COST NON-MEMBER
Crèche – Closed				
Junior Tennis	5yrs – 10yrs	9.45am – 10.30am	Free	£4.50
Junior Yoga	5yrs – 10yrs	11.00am – 11.45am	Free	£4.50
Family Swim	All ages	11.00am – 5.00pm	Free	Guest pass
Teen Gym	11yrs - 16yrs	11.00am – 6.00pm	Free	Guest pass

ACTIVITY DESCRIPTIONS

MINI FOOTBALL

Nicole works hard to develop your child's imagination, in order to learn through play. This will help build confidence, Understanding, Decision Making, Communication, Teamwork, Enthusiasm while using Colours, Shapes, Numbers, Agility, Balance, Coordination.

JUNIOR GOLF

Come and join Andy and Toby for an hour of golfing fun. Class open for all juniors up to the age of 15.

JUNIOR & CLUB J KICKBOXING

Our kid's kickboxing class is a great way to introduce your child to a martial art, the session is designed to be fun and engaging. The class will consist of a warm-up; technique training using shadow boxing drills, pad work and stretch off.

JUNIOR TENNIS

Join us for a fun filled lesson with our Tennis Coach. Kids will learn short hand tennis with fun drills and exciting games!

JUNIOR & CLUB J DRAMA CLUB

Join us for some fun drama games and skills. To promote communication skills, teamwork and social abilities.

JUNIOR MULTISPORTS

We teach different sports to give your child a broad range of skills and sporting experiences to help build their confidence. This is fun in small groups where they can receive more attention and support.

JUNIOR & CLUB J DODGEBALL

Dodgeball is highly inclusive and any child can take part and enjoy the benefits such as developing key skills like catching, throwing, movement and teamwork.

JUNIOR DANCE

Come and join us for a fun filled session of dance skills and routines! With use of fun music that all will know alongside dance games.





