

JUNIOR SUMMER HOLIDAY TIMETABLE

AT WITNEY LAKES - CALL 01993 893 000 MONDAY 25TH JULY - SUNDAY 4TH SEPT<u>EMBER 2022</u>



WITNEY LAKES

JULY

MONDAY 25TH JULY						
ACTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER		
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00		
Family Splash	All ages	13:00 - 14:00	Free	£5.00		
Family Swim	All ages	14:00 - 17:00	Free	£5.00		
Junior Fitness	5 - 10	16:00 - 16:45	Free	£5.00		
J Gym	11 - 15	16:00 - 20:00	Free	£5.00		
J Boxercise	11 - 15	17:00 - 17:45	Free	£5.00		

TUESDAY 26TH JULY						
ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER		
Arts and Crafts	3 - 10	10:00 - 12:00	Free	£5.00		
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00		
Junior Golf	5 - 10	12:00 - 12:45	Free	£5.00		
Family Swim	All ages	14:00 - 17:00	Free	£5.00		
J Gym	11 - 15	16:00 - 20:00	Free	£5.00		
J Cycle	11 - 15	16:00 - 16:45	Free	£5.00		

WEDNESDAY 27TH JULY

ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER
Mini Swim	0 - 4	12:30 - 13:00	Free	£5.00
Family Splash	All ages	13:00 - 14:00	Free	£5.00
Mini Dance	2.5 - 5	13:30 - 14:15	Free	£5.00
Junior Football	5 - 10	13:30 - 14:15	Free	£5.00
Family Swim	All ages	14:00 - 17:00	Free	£5.00
J Gym	11 - 15	16:00 - 20:00	Free	£5.00
Junior Fitness	5 - 10	16:30 - 17:15	Free	£5.00

THURSDAY 28TH JULY					
ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER	
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00	
J Golf	11 - 15	12:00 - 12:45	Free	£5.00	
Baby Pilates	0 - 2	12:20 - 13:05	Free	£5.00	
Family Swim	All ages	14:00 - 17:00	Free	£5.00	
J Gym	11 - 15	16:00 - 20:00	Free	£5.00	
Junior Zumba	5 - 10	17:00 - 17:45	Free	£5.00	

FRIDAY 29TH JULY					
ACTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER	
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00	
Family Splash	All ages	14:00 - 15:00	Free	£5.00	
Family Swim	All ages	15:00 - 17:00	Free	£5.00	
J Gym	11 - 15	16:00 - 20:00	Free	£5.00	
Movie Night	All ages	17:00 - 19:00	£5.00	£5.00	

	SATURDAY	30TH JULY		
ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER
J Gym	11 - 15	11:00 - 18:00	Free	£5.00
Family Swim	All ages	11:30 - 13:00	Free	£5.00
Family Splash	All ages	13:00 - 14:00	Free	£5.00
Family Badminton	All ages	14:00 - 17:45	Free	£5.00
Family Swim	All ages	14:00 - 16:30	Free	£5.00
Family Splash	All ages	16:30 - 17:30	Free	£5.00

SUNDAY 31 ST JULY					
ACTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER	
J Gym	11 - 15	11:00 - 18:00	Free	£5.00	
Family Swim	All ages	11:30 - 13:00	Free	£5.00	
Family Splash	All ages	13:00 - 14:00	Free	£5.00	
Family Swim	All ages	14:00 - 16:30	Free	£5.00	
Junior Football	5 - 10	15:00 - 15:45	Free	£5.00	
Family Badminton	All ages	16:00 - 17:45	Free	£5.00	
Family Splash	All ages	16:30 - 17:30	Free	£5.00	

AUGUST

MONDAY 1ST AUGUST					
ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER	
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00	
Family Splash	All ages	13:00 - 14:00	Free	£5.00	
Family Swim	All ages	14:00 - 17:00	Free	£5.00	
Junior Fitness	5 - 10	16:00 - 16:45	Free	£5.00	
J Gym	11 - 15	16:00 - 20:00	Free	£5.00	
J Boxercise	11 - 15	17:00 - 17:45	Free	£5.00	
Junior Acrobatics	5 - 10	17:00 - 17:45	Free	£5.00	

TUESDAY 2ND AUGUST					
ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER	
Arts and Crafts	3 - 10	10:00 - 12:00	Free	£5.00	
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00	
Junior Golf	5 - 10	12:00 - 12:45	Free	£5.00	
Family Swim	All ages	14:00 - 17:00	Free	£5.00	
J Gym	11 - 15	16:00 - 20:00	Free	£5.00	
J Cycle	11 - 15	16:00 - 16:45	Free	£5.00	





WEDNESDAY 3RD AUGUST					
ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER	
Mini Swim	0 - 4	12:30 - 13:00	Free	£5.00	
Family Splash	All ages	13:00 - 14:00	Free	£5.00	
Mini Dance	2.5 - 5	13:30 - 14:15	Free	£5.00	
Junior Football	5 - 10	13:30 - 14:15	Free	£5.00	
Family Swim	All ages	14:00 - 17:00	Free	£5.00	
J Gym	11 - 15	16:00 - 20:00	Free	£5.00	
Junior Fitness	5 - 10	16:30 - 17:15	Free	£5.00	

THURSDAY 4TH AUGUST

ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00
J Golf	11 - 15	12:00 - 12:45	Free	£5.00
Baby Pilates	0 - 2	12:20 - 13:05	Free	£5.00
Family Swim	All ages	14:00 - 17:00	Free	£5.00
J Gym	11 - 15	16:00 - 20:00	Free	£5.00
Junior Zumba	5 - 10	17:00 - 17:45	Free	£5.00

FRIDAY 5TH AUGUST

ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00
Family Splash	All ages	14:00 - 15:00	Free	£5.00
Family Swim	All ages	15:00 - 17:00	Free	£5.00
Biscuit/Cake Decorating	All ages	15:00 - 16:00	£2.50	£5.00
J Gym	11 - 15	16:00 - 20:00	Free	£5.00
Junior Cheerleading	5 - 10	17:00 - 17:45	Free	£5.00

SATURDAY 6TH AUGUST					
ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER	
J Gym	11 - 15	11:00 - 18:00	Free	£5.00	
Family Swim	All ages	11:30 - 13:00	Free	£5.00	
Family Splash	All ages	13:00 - 14:00	Free	£5.00	
Family Badminton	All ages	14:00 - 17:45	Free	£5.00	
Family Swim	All ages	14:00 - 16:30	Free	£5.00	
Family Splash	All ages	16:30 - 17:30	Free	£5.00	

SUNDAY 7TH AUGUST

ACTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER
J Gym	11 - 15	11:00 - 18:00	Free	£5.00
Family Swim	All ages	11:30 - 13:00	Free	£5.00
Family Splash	All ages	13:00 - 14:00	Free	£5.00
Family Swim	All ages	14:00 - 16:30	Free	£5.00
Junior Football	5 - 10	15:00 - 15:45	Free	£5.00
Family Badminton	All ages	16:00 - 17:45	Free	£5.00
Family Splash	All ages	16:30 - 17:30	Free	£5.00

MONDAY 8TH AUGUST					
ACTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER	
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00	
Family Splash	All ages	13:00 - 14:00	Free	£5.00	
Family Swim	All ages	14:00 - 17:00	Free	£5.00	
Junior Fitness	5 - 10	16:00 - 16:45	Free	£5.00	
J Gym	11 - 15	16:00 - 20:00	Free	£5.00	
J Boxercise	11 - 15	17:00 - 17:45	Free	£5.00	
Junior Acrobatics	5 - 10	17:00 - 17:45	Free	£5.00	

TUESDAY 9TH AUGUST COST NON - MEMBER COST ACTIVITY AGES TIME 3 - 10 10:00 - 12:00 Arts and Crafts Free £5.00 Mini Swim 0 - 4 11:30 - 12:00 Free £5.00 Junior Golf 5 - 10 12:00 - 12:45 Free £5.00 Family Swim All ages 14:00 - 17:00 Free £5.00 J Gym 11 - 15 16:00 - 20:00 Free £5.00 J Cycle 11 - 15 16:00 - 16:45 Free £5.00

	WEDNESDA	Y 10TH AUGUST		
ACTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER
Mini Swim	0 - 4	12:30 - 13:00	Free	£5.00
Family Splash	All ages	13:00 - 14:00	Free	£5.00
Mini Dance	2.5 - 5	13:30 - 14:15	Free	£5.00
Junior Football	5 - 10	13:30 - 14:15	Free	£5.00
Family Swim	All ages	14:00 - 17:00	Free	£5.00
J Gym	11 - 15	16:00 - 20:00	Free	£5.00
Junior Fitness	5 - 10	16:30 - 17:15	Free	£5.00

THURSDAY 11TH AUGUST

ACTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00
J Golf	11 - 15	12:00 - 12:45	Free	£5.00
Baby Pilates	0 - 2	12:20 - 13:05	Free	£5.00
Family Swim	All ages	14:00 - 17:00	Free	£5.00
J Gym	11 - 15	16:00 - 20:00	Free	£5.00
Junior Zumba	5 - 10	17:00 - 17:45	Free	£5.00

	FRIDAY	12TH AUGUST		
ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00
Family Splash	All ages	14:00 - 15:00	Free	£5.00
Family Swim	All ages	15:00 - 17:00	Free	£5.00
J Gym	11 - 15	16:00 - 20:00	Free	£5.00
Junior Cheerleading	5 - 10	17:00 - 17:45	Free	£5.00
Movie Night	All ages	17:00 - 19:00	£5.00	£5.00

	SATURDAY 13TH AUGUST					
ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER		
J Gym	11 - 15	11:00 - 18:00	Free	£5.00		
Family Swim	All ages	11:30 - 13:00	Free	£5.00		
Family Splash	All ages	13:00 - 14:00	Free	£5.00		
Family Badminton	All ages	14:00 - 17:45	Free	£5.00		
Family Swim	All ages	14:00 - 16:30	Free	£5.00		
Family Splash	All ages	16:30 - 17:30	Free	£5.00		
Teen Gym	11 - 16	16:00 - 20:00	Free	NA		

SUNDAY 14TH AUGUST						
ACTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER		
J Gym	11 - 15	11:00 - 18:00	Free	£5.00		
Family Swim	All ages	11:30 - 13:00	Free	£5.00		
Family Splash	All ages	13:00 - 14:00	Free	£5.00		
Family Swim	All ages	14:00 - 16:30	Free	£5.00		
Junior Football	5 - 10	15:00 - 15:45	Free	£5.00		
Family Badminton	All ages	16:00 - 17:45	Free	£5.00		
Family Splash	All ages	16:30 - 17:30	Free	£5.00		





	MONDAY 15TH AUGUST					
ACTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER		
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00		
Family Splash	All ages	13:00 - 14:00	Free	£5.00		
Family Swim	All ages	14:00 - 17:00	Free	£5.00		
Junior Fitness	5 - 10	16:00 - 16:45	Free	£5.00		
J Gym	11 - 15	16:00 - 20:00	Free	£5.00		
J Boxercise	11 - 15	17:00 - 17:45	Free	£5.00		
Junior Acrobatics	5 - 10	17:00 - 17:45	Free	£5.00		
	TUESDAY 16	TH AUGUST				
ACTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER		
Arts and Crafts	3 - 10	10:00 - 12:00	Free	£5.00		
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00		
Junior Golf	5 - 10	12:00 - 12:45	Free	£5.00		
Family Swim	All ages	14:00 - 17:00	Free	£5.00		
J Gym	11 - 15 11 - 15	16:00 - 20:00 16:00 - 16:45	Free Free	£5.00		
J Cycle			Free	£5.00		
	-	17TH AUGUST	COST	COST		
ACTIVITY	AGES	TIME	MEMBER	NON - MEMBER		
Mini Swim	0 - 4	12:30 - 13:00	Free	£5.00		
Family Splash	All ages	13:00 - 14:00	Free	£5.00		
Mini Dance Junior Football	2.5 - 5 5 - 10	13:30 - 14:15	Free Free	£5.00		
Family Swim	All ages	13:30 - 14:15 14:00 - 17:00	Free	£5.00 £5.00		
J Gym	All ages	16:00 - 20:00	Free	£5.00 £5.00		
Junior Fitness	5 - 10	16:30 - 17:15	Free	£5.00		
Sumor reness		8TH AUGUST	ince	23.00		
ΑCTIVITY	AGES	TIME	COST	COST		
Mini Swim	0-4		MEMBER	NON - MEMBER		
J Golf	0 - 4 11 - 15	11:30 - 12:00 12:00 - 12:45	Free Free	£5.00		
Baby Pilates	0 - 2	12:20 - 12:45	Free	£5.00 £5.00		
Family Swim	All ages	14:00 - 17:00	Free	£5.00		
J Gym	11 - 15	16:00 - 20:00	Free	£5.00		
Junior Zumba	5 - 10	17:00 - 17:45	Free	£5.00		
	FRIDAY 19	TH AUGUST				
ΑCTIVITY	AGES	TIME	COST	COST		
Mini Swim	0 - 4	11:30 - 12:00	MEMBER Free	£5.00		
Family Splash	All ages	14:00 - 15:00	Free	£5.00		
Family Swim	All ages	15:00 - 17:00	Free	£5.00		
Biscuit/Cake Decorating	All ages	15:00 - 16:00	£2.50	£2.50		
J Gym	11 - 15	16:00 - 20:00	Free	£5.00		
Junior Cheerleading	5 - 10	17:00 - 17:45	Free	£5.00		
	SATURDAY 2	OTH AUGUST				
ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER		
J Gym	11 - 15	11:00 - 18:00	Free	£5.00		
Family Swim	All ages	11:30 - 13:00	Free	£5.00		
Family Splash	All ages	13:00 - 14:00	Free	£5.00		
Family Badminton	All ages	14:00 - 17:45	Free	£5.00		
Family Swim	All ages	14:00 - 16:30	Free	£5.00		
Family Splash	All ages	16:30 - 17:30	Free	£5.00		
	SUNDAY 21	ST AUGUST				
ACTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER		
J Gym	11 - 15	11:00 - 18:00	Free	£5.00		
Family Swim	All ages	11:30 - 13:00	Free	£5.00		
Family Splash	All ages	13:00 - 14:00	Free	£5.00		
Back To School Disco	0 - 12	13:00 - 14:30	£7.50	£7.50		
Family Swim	All ages	14:00 - 16:30	Free	£5.00		
Junior Football	5 - 10	15:00 - 15:45	Free	£5.00		
Family Badminton	All ages	16:00 - 17:45	Free	£5.00		
Family Splash	All ages	16:30 - 17:30	Free	£5.00		

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ACTIVITY AGES TIME COST ADD 12:00 Free E5:00 Family Swim All ages 13:00 -14:00 Free E5:00 Family Swim All ages 13:00 -14:00 Free E5:00 Junior Fitness 5 - 10 16:00 -16:45 Free E5:00 J Gym 11 - 15 16:00 -17:45 Free E5:00 J Boxercise 11 - 15 17:00 -17:45 Free E5:00 J Lonor Acrobatics 5 - 10 17:00 - 17:45 Free E5:00 Arts and Crafts 3 - 10 10:00 - 12:20 Free E5:00 Junior Golf 5 - 10 12:00 - 12:45 Free E5:00 Jaraity Swim All ages 14:00 - 17:00 Free E5:00 Junior Golf 5 - 10 16:00 - 16:45 Free E5:00 Jaraity Swim All ages 13:00 - 14:00 Free E5:00 Family Swim All ages 13:00 - 17:00 Free E5:00 Family Swim All ages 14:00 - 1		MONDAY 22	ND AUGUST		
Mini Swim0 - 411:30 - 12:00Free5.00Family SyimAll ages12:00 - 14:00Free5.00Junior Fitness5 - 1016:00 - 16:45Free5.00Joym11 - 1515:00 - 70:00Free5.00Jowarcise11 - 1517:00 - 17:45Free5.00Junior Acrobatics5 - 1017:00 - 17:45Free5.00Junior Acrobatics5 - 1017:00 - 17:45Free5.00ActivitYAGESTIMMorea5.00Junior Acrobatics5 - 1012:00 - 12:45Free5.00Junior Golf5 - 1012:00 - 12:45Free5.00Joym11 - 1516:00 - 16:45Free5.00Joym11 - 1516:00 - 16:45Free5.00JCycle11 - 1516:00 - 16:45Free5.00JCycle11 - 1516:00 - 16:45Free5.00Mini Swim0 - 412:30 - 13:00Free5.00Jamily SplashAllages14:00 - 17:00Free5.00Junior Foroball5 - 1013:30 - 14:15Free5.00Junior Foroball5 - 1013:30 - 14:15Free5.00Joym11 - 1516:00 - 20:00Free5.00Junior Foroball5 - 1013:30 - 14:15Free5.00Joym11 - 1510:00 - 17:00Free5.00Joym11 - 1510:00 - 17:00Free5.00Joym11 - 1510:0	ACTIVITY	AGES	TIME		
All ages14.00 - 17.00Free5.00Junior Fitness5 - 1016.00 - 16.45Free5.00J Gym11 - 1516.00 - 10.45Free5.00J Boxercise5 - 1017.00 - 17.45Free5.00Junior Acrobatics5 - 1017.00 - 17.45Free5.00Arts and Crafts3 - 1010.00 - 12.00Free5.00Junior Goff5 - 1012.00 - 12.45Free5.00Junior Goff5 - 1012.00 - 12.45Free5.00J GymAll ages14.00 - 17.00Free5.00J Gym11 - 1516.00 - 20.00Free5.00J Gym11 - 1516.00 - 16.45Free5.00J Gym0 - 41.230 - 12.00Free5.00J Gym11 - 1516.00 - 16.45Free5.00J Gym0 - 41.230 - 13.00Free5.00J Gym11 - 1516.00 - 20.00Free5.00J Junior Football5 - 1013.30 - 14.15Free5.00J Gym11 - 1516.00 - 20.00Free5.00J Gym11 - 1516.00 - 20.00Free5.00 <td>Mini Swim</td> <td>0 - 4</td> <td>11:30 - 12:00</td> <td>Free</td> <td></td>	Mini Swim	0 - 4	11:30 - 12:00	Free	
Junior Fitness51016:0016:45Free45:00J Gym111516:0020:00Free45:00J Boxercise111517:0017:45Free45:00Junior Acrobatics51017:0017:45Free45:00ACTIVITYAGESIMA10:0012:00Free5:00Junior Golf51012:0012:46Free5:00Jamin Swim0411:3012:00Free5:00J Gym111516:0016:00Free5:00J Gym111516:0016:00Free5:00J Cycle111516:0016:00Free5:00J Gym0412:3013:00Free5:00J Gym013:304:10Free5:005:00J Gym111516:0016:00Free5:00J Gym111516:0016:00Free5:00J Gym111516:0016:00Free5:00J Golf111512:00Free5:00J Golf111512:00Free5:00J Golf1111:0512:00Free5:00J Golf11<15	Family Splash	All ages	13:00 - 14:00	Free	£5.00
Jeym11 - 1516.00 - 2000Free5.00Jenovercise11 - 1517.00 - 17.45Free5.00Junior Acrobatics5 - 1017.00 - 17.45Free5.00Atts and Crafts3.1010.00 - 12.00Free5.00Mini Swim0 - 411.30 - 12.00Free5.00Junior Golf5 - 1012.00 - 12.00Free5.00Jeymily SwimAllages14.00 - 17.00Free5.00J Cycle11 - 1516.00 - 20:00Free5.00J Cycle11 - 1516.00 - 16.45Free5.00J Cycle11 - 1516.00 - 16.45Free5.00Mini Swim0 - 412.30 - 14.00Free5.00Mini Swim0 - 412.30 - 14.00Free5.00Janior Football5 - 1013.30 - 14.15Free5.00Junior Football5 - 1013.30 - 14.15Free5.00J Gym11 - 1516.00 - 20:00Free5.00J Guym11 - 1517.00 - 17:45<	Family Swim	All ages	14:00 - 17:00	Free	£5.00
Jeowercise11 - 1517.00 - 17.45Free5.00Junior Acrobatics5 - 1017.00 - 17.45Free5.00 UESDAY 23U-UGUST Acts and Crafts3 - 1010.00 - 12.00Free5.00Junior Golf5 - 1012.00 - 12.45Free5.00Junior Golf5 - 1012.00 - 12.45Free5.00Junior Golf5 - 1012.00 - 12.45Free5.00Joym11 - 1516.00 - 16.44Free5.00Joym11 - 1516.00 - 16.44Free5.00Joym11 - 1516.00 - 16.44Free5.00Joym11 - 1516.00 - 16.44Free5.00ActivityAGESTIMEMerMatterMini Dance2.5 - 513.30 - 14.15Free5.00Junior Football5 - 1013.30 - 14.15Free5.00Junior Fitness5 - 1013.30 - 14.15Free5.00Junior Fitness5 - 1013.30 - 14.15Free5.00Joym11 - 1516.00 - 20.00Free5.00Joym11 - 1512.00 - 12.45Free5.00Joym11 - 1516.00 - 20.00Free5.00Joym11 - 15 <td>Junior Fitness</td> <td>5 - 10</td> <td>16:00 - 16:45</td> <td>Free</td> <td>£5.00</td>	Junior Fitness	5 - 10	16:00 - 16:45	Free	£5.00
Junior Acrobatics 5 - 10 17.00 - 17.45 Free 5.00 TUESDAY 23RU-UGUST ACTIVITY AGES IME Colspan="2">Colspan="2" J Cycle 11 - 15 16:00 - 10:00 Free 5.00 J Cycle 11 - 15 16:00 - 10:00 Free 5.00 J Cycle 11 - 15 13:00 - 14:15 Free 5.00 J Cycle 11 - 15 16:00 - 10:00 Free 5.00 J Cym 11 - 15 16:00 - 10:00 Free 5.00 J Cym 11 - 15 16:00 - 20:00 Free 5.00 J Cym 11 - 15 12:00 - 12:45 Free 5.00 J Cym 11 - 15 12:00 - 12:45 Free<	J Gym	11 - 15	16:00 - 20:00	Free	
ACTIVITYAGESIMECASESACRASSESACTIVITYAGESIIMECASESACRASSESArts and Crafts3 · 1010:00 · 12:00FreeE.5.00Junior Golf5 · 1012:00 · 12:45FreeE.5.00Jemily SwimAllages14:00 · 17:00FreeE.5.00J Cycle11 · 1516:00 · 2:000FreeE.5.00J Cycle11 · 1516:00 · 16:45FreeE.5.00J Cycle11 · 1516:00 · 16:45FreeE.5.00Mini Swim0 · 412:30 · 14:15FreeE.5.00Family SplashAllages13:00 · 14:00FreeE.5.00Junior Football5 · 1013:30 · 14:15FreeE.5.00Junior Football5 · 1016:30 · 17:10FreeE.5.00Junior Fitness5 · 1016:30 · 17:10FreeE.5.00Junior Fitness5 · 1016:30 · 17:15FreeE.5.00J Golf11 · 1512:00 · 12:00FreeE.5.00J Golf11 · 1516:00 · 2:00FreeE.5.00Baby Pilates0 · 212:20 · 12:05FreeE.5.00J Golf11 · 1516:00 · 2:00FreeE.5.00J Golf <td></td> <td></td> <td></td> <td></td> <td></td>					
ACTIVITY AGES TIME COST Monite accession product accession prece product accession product accession product accession	Junior Acrobatics			Free	£5.00
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MONDAY 29TH AUGUST - BANK HOLIDAY

ACTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00
Family Splash	All ages	13:00 - 14:00	Free	£5.00
Family Swim	All ages	14:00 - 17:00	Free	£5.00
Junior Fitness	5 - 10	16:00 - 16:45	Free	£5.00
J Gym	11 - 15	16:00 - 20:00	Free	£5.00
J Boxercise	11 - 15	17:00 - 17:45	Free	£5.00
Junior Acrobatics	5 - 10	17:00 - 17:45	Free	£5.00

TUESDAY 30TH AUGUST					
ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER	
Arts and Crafts	3 - 10	10:00 - 12:00	Free	£5.00	
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00	
Junior Golf	5 - 10	12:00 - 12:45	Free	£5.00	
Family Swim	All ages	14:00 - 17:00	Free	£5.00	
J Gym	11 - 15	16:00 - 20:00	Free	£5.00	
J Cycle	11 - 15	16:00 - 16:45	Free	£5.00	

WEDNESDAY 31 ST AUGUST						
ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER		
Mini Swim	0 - 4	12:30 - 13:00	Free	£5.00		
Family Splash	All ages	13:00 - 14:00	Free	£5.00		
Mini Dance	2.5 - 5	13:30 - 14:15	Free	£5.00		
Junior Football	5 - 10	13:30 - 14:15	Free	£5.00		
Family Swim	All ages	14:00 - 17:00	Free	£5.00		
J Gym	11 - 15	16:00 - 20:00	Free	£5.00		
Junior Fitness	5 - 10	16:30 - 17:15	Free	£5.00		

SEPTEMBER

THURSDAY 1ST SEPTEMBER							
ΑCTIVITY	AGES	TIME	COST	COST NON - MEMBER			
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00			
J Golf	11 - 15	12:00 - 12:45	Free	£5.00			
Baby Pilates	0 - 2	12:20 - 13:05	Free	£5.00			
Family Swim	All ages	14:00 - 17:00	Free	£5.00			
J Gym	11 - 15	16:00 - 20:00	Free	£5.00			
Junior Zumba	5 - 10	17:00 - 17:45	Free	£5.00			
FRIDAY 2ND SEPTEMBER							
ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER			
Mini Swim	0 - 4	11:30 - 12:00	Free	£5.00			
Family Splash	All ages	14:00 - 15:00	Free	£5.00			
Family Swim	All ages	15:00 - 17:00	Free	£5.00			
J Gym	11 - 15	16:00 - 20:00	Free	£5.00			
Junior Cheerleading	5 - 10	17:00 - 17:45	Free	£5.00			
SATURDAY 3RD SEPTEMBER							
ΑCTIVITY	AGES	TIME	COST MEMBER	COST NON - MEMBER			
J Gym	11 - 15	11:00 - 18:00	Free	£5.00			
Family Swim	All ages	11:30 - 13:00	Free	£5.00			
-							
Family Splash	All ages	13:00 - 14:00	Free	£5.00			
Family Splash Family Badminton	All ages All ages	13:00 - 14:00 14:00 - 17:45	Free Free	£5.00 £5.00			
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Family Badminton	All ages	14:00 - 17:45	Free	£5.00			
Family Badminton Family Swim	All ages All ages All ages	14:00 - 17:45 14:00 - 16:30	Free Free	£5.00 £5.00			
Family Badminton Family Swim	All ages All ages All ages	14:00 - 17:45 14:00 - 16:30 16:30 - 17:30	Free Free	£5.00 £5.00			
Family Badminton Family Swim Family Splash	All ages All ages All ages SUNDAY 4TH	14:00 - 17:45 14:00 - 16:30 16:30 - 17:30	Free Free Free COST	£5.00 £5.00 £5.00			
Family Badminton Family Swim Family Splash ACTIVITY	All ages All ages All ages SUNDAY 4TH AGES	14:00 - 17:45 14:00 - 16:30 16:30 - 17:30 A SEPTEMBER TIME	Free Free Free COST MEMBER	£5.00 £5.00 £5.00 COST NON - MEMBER			
Family Badminton Family Swim Family Splash ACTIVITY J Gym	All ages All ages All ages SUNDAY 4TH AGES 11 - 15	14:00 - 17:45 14:00 - 16:30 16:30 - 17:30 A SEPTEMBER TIME 11:00 - 18:00	Free Free Free COST MEMBER Free	£5.00 £5.00 £5.00 COST NON - MEMBER £5.00			
Family Badminton Family Swim Family Splash ACTIVITY J Gym Family Swim	All ages All ages All ages SUNDAY 4TH AGES 11 - 15 All ages	14:00 - 17:45 14:00 - 16:30 16:30 - 17:30 A SEPTEMBER TIME 11:00 - 18:00 11:30 - 13:00	Free Free Free MEMBER Free Free	£5.00 £5.00 £5.00 COST NON - MEMBER £5.00 £5.00			
Family Badminton Family Swim Family Splash ACTIVITY J Gym Family Swim Family Splash	All ages All ages All ages SUNDAY 4TH AGES 11 - 15 All ages All ages	14:00 - 17:45 14:00 - 16:30 16:30 - 17:30 A SEPTEMBER 11:00 - 18:00 11:30 - 13:00 13:00 - 14:00	Free Free Free Free Free Free Free	£5.00 £5.00 £5.00 COST NON - MEMBER £5.00 £5.00 £5.00			
Family Badminton Family Swim Family Splash ACTIVITY J Gym Family Swim Family Splash Family Swim	All ages All ages All ages SUNDAY 4TH AGES 11 - 15 All ages All ages All ages	14:00 - 17:45 14:00 - 16:30 16:30 - 17:30 A SEPTEMBER 11:00 - 18:00 11:30 - 13:00 13:00 - 14:00 14:00 - 16:30	Free Free Free Free Free Free Free Free	£5.00 £5.00 £5.00 COST NON - MEMBER £5.00 £5.00 £5.00 £5.00			
Family Badminton Family Swim Family Splash ACTIVITY J Gym Family Swim Family Splash Family Swim Junior Football	All ages All ages SUNDAY 4TH AGES 11 - 15 All ages All ages All ages 5 - 10	14:00 - 17:45 14:00 - 16:30 16:30 - 17:30 A SEPTEMBER 11:00 - 18:00 11:30 - 13:00 13:00 - 14:00 14:00 - 16:30 15:00 - 15:45	Free Free Free Free Free Free Free Free	£5.00 £5.00 £5.00 £5.00 £5.00 £5.00 £5.00 £5.00 £5.00			

PLEASE NOTE

- If there are less than four participants booked into a class it will be cancelled.
- We reserve the right to amend, change or cancel any of the activities when and if the need arises.
- All outdoor activities are weather permitting.
- All non member children must pay for the class.
- Parents and guardians must remain on site for activities (excluding golf)
- Before participating in any activities, the Parent/Guardian of all children must complete a Junior Health Check Questionnaire. Please allow at least 5 minutes prior to the class start time to complete this information. No activities will be permitted without a completed and signed form.





