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ROB WATTS GOLF ACADEMY

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**Rob celebrates with
Darren at The Open**

**Rob's clientele of
tour players grows**

**Outstanding year for
Castle Royle teams**

**Rob appointed England
Under 16 Futures Coach**

Rob celebrates with Darren at The Open



2011 promises to be the most successful coaching year for Rob, mainly recognising the amazing achievement of Darren Clarke in the 140th Open Championship at Royal St George's.

The 42-year-old carded a final round of 70 for a -5 total to complete what turned out to be a comfortable victory and continue a fantastic run for Northern Ireland.

Rob has been working with Darren since 2008 and has experienced a few highs and lows since then, but Darren's performance was sensational in the Open and one of the finest exhibitions of links golf seen in the modern game.

Remaining calm under immense pressure, he applied his world class ability.

The realisation of being coach to an Open champion is now starting to sink in and he's very proud to have been part of Darren's journey.

Rob's contribution in turning Darren's fortunes around to win his first Major, was recognised in the July and August editions of *Today's Golfer*, where Rob is one of their top instructional coaches.

In the publications, Rob commented on Darren being one of the most dedicated, hard working people he has met, including being at his house at 4am in the morning discussing his plans before he travels to tournaments.

That just proves the dedication is two way, from Rob as well! ■



Rob's clientele of tour players grows



Rob now has six high profile tour players, and many others that are aspiring to be top class professional and amateur golfers, on his books.

It's an impressive list of players on the European and Challenge Tours, together with the Sunshine Tour in South Africa.

Mark Hastrup visits Rob from Copenhagen, Denmark and is now busy working on his swing and performance practice. Progress has been good and he's now looking forward to Tour School qualifying later in the year.

Benn Barham has been with Rob for over two years now and has made tremendous progress since his cancer operation removing a kidney last year.

Benn is back on the Challenge Tour this year, but with good recent finishes, he's hoping to





Rob's tour clientele is growing. Above he is seen with Mark Hastrup, left with James Ruth and far left with Benn Barham and with Matt Briggs (inset right)

regain his European Tour card by the end of the season.

James Ruth, back on the Challenge Tour has had great results in a number of mini tours this season and is currently in the top five of

the Jamega Order of Merit.

Matt Briggs who is now playing Seniors golf, has seen much success this year and is looking forward to his tour card for next season. ■

Outstanding year for Castle Royle teams

Castle Royle Golf Club has had its most successful season ever, winning both individual and team events at both county and national levels.

In individual competitions, Tom Wilde won the BB&O Courage Trophy at Woburn, David Langley won the BB&O Junior Championship, Sam Brass won the BB&O U-16 Championship, Tom Wilde and Nick Scrutton won the BB&O Club Foursomes title and Phil Sewell capped off a great season by winning the EGU South East Seniors Championship, recently played at Sheringham, Norfolk. Tom Wilde, David Langley, Phil Sewell and Sam Brass also represented Berks, Bucks & Oxon in county matches.

The Castle Royle 1st Team, playing in Division 2 of the Inter-Counties Scratch League, comfortably won the title – and promotion to Division 1 – by decisively

winning their last two home matches against Porters Park and Harleyford.

Heading the Division for most of the season, key to success were two away wins against The Buckinghamshire and Harleyford in May. The team now compete against clubs such as Stoke Park, Gerrards Cross and Beaconsfield in 2012.

Below: The Castle Royle team who played Porters Park at the end of August



The Castle Royle Ladies team who won the Duncan Trophy this summer. Said Rob: "The ladies have excelled this year and worked so hard to win a major trophy and I am very proud of them."



Defending their BB&O Champion Club title at Woburn, in July, the three-man team of Tom Wilde, David Langley and James Murphy retained their title and went on to play in the EGU National Finals, in Leeds, where they finished a respectable 13th out of 32 counties represented.



The Champion Club team of Nick Scrutton, David Langley and James Murphy at Scarcroft.

The prestigious *Mail on Sunday* team competition has been running for years with many notable clubs among the winners. With over 1,000 clubs entering and played on a knock-out basis, Castle Royle progressed to the final 32 where they were unfortunate to cede best to a powerful Wentworth team, playing on the famous West Course.

With Head Pro Rob Watts also being a member of the coaching team for Open Champion Darren Clarke, this has been a momentous year for Castle Royle golf, at all levels. ■

Summer of success for CR junior

The 2011 season has been a great success for Castle Royle's young team and individuals on many levels under the expert coaching and guidance of Rob Watts.

The BB&O Junior Championship played at the Buckinghamshire saw 17-year-old David Langley take the Junior Champion Trophy with Sam Brass winning the U16 title.

This took David on to represent his club and county in the National Champion of Champions tournament at Woodall Spa where he came seventh out of 35.

Having helped his team of three secure a comfortable Champion Club win, David shone once again, along with his Elite BB&O Boys team-mates, when they won the EGU South

Eastern Foursomes beating nine other counties.

Awarded the Boddington Trophy in 2010 as the most improved BB&O junior, David took second place in the county's Junior Order of Merit and rounded off his season taking the Scratch prize in the Castle Royle Darvall Junior Open in early September. This secured 95th place on the national leaderboard in the *Daily Telegraph* Abu Dhabi Junior Golf Championship.

When U16 County Champion Sam Brass appeared in the BB&O Colts Championship it made him the youngest qualifying competitor at Heythrop Park. He later qualified for the Douglas Johns Trophy (U15



Nationals) coming a respectable tied 39th in a field of 62.

His performance in the National Skills Challenge qualifying events, in which long and short game skills were assessed, took him through to the U12-U14 South East Regional Final at Chesfield Downs where he came third in his age group. A regular in the BB&O U16 team, Sam was also runner-up in The Oxfordshire Junior Open.

In the BB&O U14 Championship, hosted at Castle Royle, 14-year-old Damien Hewitt took the first handicap prize with Dylan Brownlie, also 14, taking second spot. In a tense Castle Royle Junior Singles Knockout final a very tight match saw Damien beat

Rob Sullivan on the fourth playoff hole.

Selected for the U16 BB&O Boys v Surrey U16's MUGS Trophy Sam Brass and Tim Shin secured maximum points to see BB&O boys home 9-6 against one of the strongest county teams in the country. Tim also put in a solid performance in coming second in the Wentworth Open.

Sebastian Jones, aged 13, came third in the Welsh Boys Open and also won the BB&O U12 Order of Merit.

Based on his impressive performance this season in the Thames Valley Junior Golf League, Robin Sullivan, aged 13, represented the club in the Welham Weston Trophy an inter-league match played at Harleyford Golf Club. Robin and his team-mates secured a

STOP PRESS

Rob has been appointed as England U16's Futures Coach and will also assist the U18's squad. His role is to turn these players into full internationals and make the grade as Tour players.

narrow victory over the Chiltern League team.

BB&O U14 team player Robin, also enjoyed success in county matches and won the Castle Royle Junior Club Championship.

In the Thames Valley League, the team of four Damien Hewitt, Charlie Cox, Robin Sullivan and Eleanor Day won the team trophy at Henley Golf Club for the second year running in the Thames Valley League Golfer of the Year competition with Damien Hewitt taking the handicap prize.

Emily Shaw, Zoe Collins and Eleanor

Day were part of a team of eight playing in the Berkshire Girls Junior County Match Days in early August.

The Berkshire girls won the team stableford competition and, in the scratch singles competition, they came third.

Dylan Brownlie lifted the Castle Royle Junior Order of Merit trophy for his consistent performance in club competitions on 56 points with Sebastian Jones second with 55.

Sam, Robin and Sebastian were not quite able to retain their 2010 title in the Junior Champion Club at Drayton Park, but a solid performance earned them third place

The Junior squad of nine performed well in the Thames Valley league, →

JUNIORS

→ remaining unbeaten, coming second by a couple of points.

In the league's Stags Trophy Knockout they won all their matches to reach the final. Against Frilford Heath they lost the first leg 4-2 and needed to win 4-2 in the return leg and by 12 holes to win the trophy. They came close, eventually losing by just two holes.

Marathon Fundraising Effort

Teeing off at 3.30am and not finishing until 10.30pm, David Langley, Tim Shin, Sam Brass and Aston Goulding played in a Junior Golf Marathon in an effort to raise money for the Captain's Charity (the Henry Tudor Ward of St. Mark's Hospital in Maidenhead). The boys played 298 holes but

tiredness got the better of two of them , leaving David and Tim playing non-stop for 19 hours. They are on course to raise in excess of £1,000.

Billingbear proves a hit with Juniors

A hectic summer of junior beginner coaching has taken place at Billingbear Golf Club, with many boys and girls attending various coaching sessions, competitions, summer camps and other fun events.

For more information about Junior Programmes at the Rob Watts Golf Academy, please visit the website: www.robwattsgolfacademy.com.

Junior coaching with the Rob Watts golf Academy

The academy has a full schedule of junior programmes which are always well attended and includes weekly and monthly group coaching sessions, and camps which take place during the school holidays. The ever popular Elite High

Performance Days this summer saw brief visits from European Tour players Scott Drummond and James Ruth who took time out to chat with the youngsters and allow them a brief glimpse of their sessions on the range with Rob.

The academy has established a year round secondary school development programme kicked off by a six-week course during the holidays, Tri-Golf after school clubs in local primary schools and an exciting new Golf Fit programme focussing on strength and fitness alternating between sessions in the studio and targeted practice on the range.

For full details, contact: juniors@robwattsgolfacademy.com

You can also follow us now on Facebook where you will find up to date news, photos, and video clips from Rob who is an Elite Teaching Professional featuring regularly in Today's Golfer magazine and on their website

www.facebook.com/robwattsgolfacademy ■



Rob's involvement in South Africa grows

Rob's coaching involvement of several South African tour players and the Western Province and Boland county squads continues with training grounds now based at Pearl Valley, Pezula and Oubaai.

Since Rob's appointment as Head Coach for the SwingFit Academy, its client base has grown significantly and following Darren's Open success, it's anticipated that further expansion will take place over the next year.

Rob is now offering UK clients the opportunity of joining him in South Africa over the winter months for a

number of coaching and holiday packages.

The packages range from intensive coaching for elite players and county teams based at the exclusive Pearl Valley development (pictured), host to previous South African Opens, to more relaxing coaching and holiday trips covering the sites of Cape Town, the winelands and amazing golf courses along the Garden Route.

So whatever your requirement, drop Rob a line and he can talk through the options. Contact Rob at rw@robwattsgolfacademy.com for more information and prices. ■



Winter Golf & Fitness programmes available

Standard Winter Golf Package

5 x 1 hour sessions covering:

Goal setting
Video analysis
Swing Mechanics and
Short game advice
Effective practice methods
Development planning
Monitoring of goals

Inclusive price: £300

High Performance Winter Package

5 x ½ hour sessions covering:

Goal setting
Development planning
Video analysis
Swing Mechanics and
Short game advice
Effective practice methods
Biomechanics assessment and
written programme
8-hole playing lesson and course
management session

Inclusive price: £400

Winter Fitness Package

6 x 1 hour personal training
sessions covering:

Complete fitness analysis
Personal goal setting plan
Full explanation of why certain
exercises are crucial to
development
Full understanding of weight
training programme
Action plan for in-between
sessions and fitness routines at
home or the gym

Inclusive price £350

To sign up to one of these events, please contact Rob at rw@robwattsgolfacademy.com or phone 07900 246 886.

Rob invited to take PDS advanced qualification

Due to the success of Rob's PDS work with players he has been invited to take the advanced qualification.

There are only three coaches in the country working towards this qualification, one of which is Mike Ford, England and British lions defence coach.

Rob is pictured with Mark Bennett (right) who developed the PDS system, and Marc Finney, PDS Trainer and Strength and Conditioning coach for Northampton Saints. ■



Rob celebrates 10 years at Castle Royle

The annual Pro's Day at Castle Royle celebrated Rob's 10th anniversary at the club, where members presented him with a cake. ■



ROB WATTS

GOLF ACADEMY

"Rob's hard work, dedication and knowledge has helped me address vital parts of my game that I didn't know were as critical as they are."

Darren Clarke

2011 British Open Champion

The Rob Watts Golf Academy specialises in progressive and innovative coaching methods and fitness programmes that allow sportsmen, women and juniors to excel. Clients will receive a high level instruction experience using the same techniques, drills and tips that Rob instills in the tour players that he coaches. It is a 'player and coach' centred approach and is based upon you understanding your swing more fully, so when you leave your lesson you're able to practice correctly and reproduce your new skills. Golf instruction in all areas of the game is available, so regardless of your level, age or experience the Rob Watts Golf Academy can take your game to an entirely new level. Junior players will acquire all the fundamental requisites of athleticism, agility, balance, co-ordination and speed that will give them the best start in the game.

RW email: info@robwattsgolfacademy.com

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Castle Royle Golf & Country Club
Bath Road, Knowl Hill, Reading, Berkshire RG10 9XA

Billingbear Park Golf Course
The Straight Mile, Wokingham, Berkshire, RG40 5SJ