



# FITX join the club

Class driven fitness sessions for 8-11 year olds  
 FITX instructor-led  
 FITX makes fitness safe & fun  
 FITX drives movement for all  
 FITX a stepping stone for a healthier future

## Get ready to... Join the club FITX

	ACTIVITY	TIME	AGE	COST
Monday	Onside Tennis	16.30-17.30	8-11	FREE
Tuesday	Onside Multi Sports	16.45-17.45	8-11	FREE
Thursday	Thai Boxing	16.30-17.30	8-15	FREE
Saturday	Kung Fu	9.15-10.15	8-15	FREE
	Onside Multi Sports	9.30-10.30	8-11	FREE
	Onside (Wiggles & Giggles) Dance	10.30-11.30	8-11	FREE
	Onside (Little Boots) Football	10.30-11.30	8-11	FREE
Sunday	Onside Multi Sports	9.30-10.30	8-11	FREE
	Onside Tag Rugby	10.30-11.30	8-11	FREE
	Bootcamp	10.30-11.30	8-15	FREE

### Fit X Classes

All FitX Class descriptions can be found on [www.thewarwickshire.com](http://www.thewarwickshire.com)



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