



# CLUB JUNIOR TIMETABLE

Club Juniors  
at Castle Royle

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Swim</b> 09:00 - 18:00 Family Pool 	<b>Swim</b> 09:00 - 18:00 Family Pool 	<b>Swim</b> 09:00 - 18:00 Family Pool 	<b>Swim</b> 09:00 - 18:00 Family Pool 	<b>Swim</b> 09:00 - 18:00 Family Pool 	<b>Swim</b> 09:00 - 18:00 Family Pool 	<b>Swim</b> 09:00 - 18:00 Family Pool 
<b>Family Swim</b> 15:00 - 18:00 Main Pool 	<b>Family Swim</b> 15:00 - 18:00 Main Pool 	<b>Family Swim</b> 15:00 - 18:00 Main Pool 	<b>Family Swim</b> 10:00 - 11:00 Main Pool 	<b>Family Swim</b> 15:00 - 18:00 Main Pool 	<b>Family Swim</b> 10:00 - 18:00 Main Pool 	<b>Family Splash</b> 10:00 - 18:00 Main Pool 
<b>Mini Dance</b> 16:00 - 16:45 Holistic Hub 	<b>Junior Yoga</b> 16:00 - 16:45 Holistic Hub 	<b>Junior Cheerleading</b> 16:30 - 17:30 Energy Hub 	<b>Family Swim</b> 15:00 - 18:00 Main Pool 	<b>Mini Music</b> 13:30 - 14:15 Creche 	<b>J Gym</b> 12:00 - 17:00 Gym 	<b>Junior Volleyball</b> 12:00 - 12:45 Main Pool 
<b>Junior Dance</b> 17:00 - 17:45 Holistic Hub 	<b>J Yoga</b> 17:00 - 17:45 Holistic Hub 	<b>J SkillX</b> 16:30 - 17:30 Gym 	<b>Junior Kung-Fu</b> 16:30 - 17:30 Energy Hub 	<b>Junior Movie Time</b> 17:00 - 18:30 Crèche 		<b>Junior Volleyball</b> 14:00 - 14:45 Main Pool 
<b>J SkillX</b> 17:00 - 17:45 Gym 	<b>J Gym</b> 15:00 - 20:00 Gym 	<b>J Gym</b> 15:00 - 20:00 Gym 	<b>J Cycle</b> 16:30 - 17:30 Cycle Hub 	<b>J Gym</b> 15:00 - 20:00 Gym 		<b>J Gym</b> 12:00 - 17:00 Gym 
<b>J Gym</b> 15:00 - 20:00 Gym 			<b>J Gym</b> 15:00 - 20:00 Gym 			



All Ages



0 - Walking



Walking - Preschool



5 - 10 yrs



11 - 15 yrs