



CLUB JUNIOR TIMETABLE

Club Juniors
at Lichfield

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Mini Ballet 09:30 - 10:15 Studio 2 	Swim 11:00 - 18:00 Pool 	Baby Club 10:00 - 11:00 Crèche 	Mini Socatots 10:15 - 11:15 Studio 2 	Baby Club 10:00 - 11:00 Crèche 	Junior Messy Arts 09:00 - 13:00 Crèche 	Junior Games Challenge 10:00 - 11:30 Crèche 
Mini Music 11:00 - 12:00 Crèche 	J Gym 16:00 - 20:00 Gym 	Swim 11:00 - 18:00 Pool 	Swim 11:00 - 18:00 Pool 	Swim 11:00 - 18:00 Pool 	Mini Messy Arts 09:00 - 13:00 Crèche 	Mini Games Challenge 10:00 - 11:30 Crèche 
Swim 11:00 - 18:00 Pool 	Mini Rugby 16:30 - 17:30 Studio 2 	Mini Cooking 16:30 - 17:30 Crèche 	Mini Messy Arts 16:30 - 17:30 Crèche 	J Gym 16:00 - 20:00 Gym 	Junior Multi Sports 10:00 - 11:00 Studio 2 	Junior Golf 10:00 - 11:00 Outside 
Mini Athletics 16:30 - 17:30 Studio 2 	Junior Boxercise 16:30 - 17:30 Studio 1 	Junior Multi Sports 16:30 - 17:30 Studio 1 	Junior Street Dance 16:30 - 17:30 Studio 1 		Junior Multi Sports 11:00 - 12:00 Studio 2 	Swim 11:00 - 18:00 Pool 
Junior Golf 16:30 - 17:30 Outside 	J HIIT 16:45 - 17:30 Gym 	J Gym 16:00 - 20:00 Gym 	J Gym 16:00 - 20:00 Gym 		Swim 11:00 - 18:00 Pool 	J Gym 11:00 - 18:00 Gym 
J Gym 16:00 - 20:00 Gym 			J Cycle 16:45 - 17:30 Spin Studio 		J Gym 11:00 - 18:00 Gym 	
J Cycle 16:30 - 17:30 Spin Studio 						



All Ages



0 - Walking



Walking - Preschool



5 - 10 yrs



11 - 15 yrs