



CLUB JUNIOR TIMETABLE

Club Juniors
at Nizels

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Mini Sensory Play 10:30 - 11:30 Crèche 	Mini Storytime 11:00 - 12:00 Crèche 	Mini Music & Bubbles 10:30 - 11:30 Crèche 	Mini Messy Play 10:30 - 11:30 Crèche 	Baby & Mini Swim 11:30 - 12:30 Pool 	Family Splash 11.00 - 12:00 Pool 	Multi-sports 5-7yrs 9.30 - 10:15 Outside 
Family Swim 15:00 - 18:00 Pool 	Mini Multi Sports 13:30 - 14:15 Crèche 	Baby & Mini Swim 11:30 - 12:30 Pool 	Baby Tummy-time 14:00 - 14:30 Creche 	Mini Sensory Play 10:30 - 11:30 Crèche 	Family Swim 10.00 - 18:00 Pool 	Multi-sports 8-11yrs 10.30 - 11:15 Outside 
Junior Golf 16:15 - 17:00 Studio 1 	Mini Ballet 14:15 - 14:45 Studio 2 	Mini Creatables 13:45 - 14:45 Crèche 	Mini Dance 14:15 - 14:45 Studio 2 	Mini Creatables 13:30 - 14:30 Crèche 	J Gym 11:00 - 20:00 Gym 	Family Swim 10.00 - 18:00 Pool 
J Circuits 16.00 - 16:45 Studio 2 	Family Swim 15:00 - 18:00 Pool 	Family Swim 15:00 - 18:00 Pool 	Family Swim 15:00 - 18:00 Pool 	Junior Creatables 16:00 - 17:00 Crèche 		Family Splash 11.00 - 12:00 Pool 
J Game Station 16.00 - 18:00 Pulse Cafe 	Junior Ballet 16:15 - 16:45 Studio 2 	Junior Creatables 16:00 - 17:00 Crèche 	Junior Zumba 16:00 - 16:45 Studio 2 	Family Swim 15:00 - 19:00 Pool 		Family Splash 15.00 - 16:00 Pool 
J Gym 16:00 - 20:00 Gym 	J Cycle 16.00 - 16:45 Studio 1 	J Game Station 16.00 - 18:00 Pulse Cafe 	Junior Krav Maga 17:00 - 17:45 Studio 1 	Movie Time 17:00 - 18:30 Pulse Bar 		Junior Cooking 13.00 - 13:45 Pulse Cafe 
	Junior Streetdance 16:45 - 17:30 Studio 2 	J Gym 16:00 - 20:00 Gym 	J Krav Maga 18:30 - 19:25 Studio 1 	J Gym 16:00 - 20:00 Gym 		J Gym 11:00 - 20:00 Gym 
	J Gym 16:00 - 20:00 Gym 	 All Ages  0 - Walking  Walking - Preschool  5 - 10 yrs  11 - 15 yrs				