# SWIMMING POOL

# TIMETABLE

# **Monday**

06:00-10:15 - Adult Only Swimming 10:15-11:00 - Aqua (one lane open for lane

11:00-14:00 - Family Swim

14:00-15:00 - Adult Only Swimming

15:00-18:00 - Family Swim

16:00-18:00 - Junior Swim School

18:00-21:00 - Adult Only Swimming

#### **Tuesday**

06:00-11:00 - Adult Only Swimming

11:00-14:00 - Family Swim

11:30-13:00 - Baby & Toddler Swim School

14:00 – 14:45 - Aqua (one lane open for lane swimming)

14:00-15:00 - Adult Only Swimming

15:00-18:00 - Family Swim

16:00-18:00 – Junior Swim School

18:00-21:00 - Adult Only Swimming

#### Wednesday

06:00-11:00 - Adult Only Swimming

11:00-14:00 - Family Swim

14:00 – 14:45 - Aqua (one lane open for lane swimming)

14:00-15:00 - Adult Only Swimming

15:00-18:00 - Family Swim

16:00-18:00 – Junior Swim School

18:00-21:00 - Adult Only Swimming

## **Thursday**

06:00-11:00 - Adult Only Swimming

11:00-14:00 - Family Swim

11:15-12:45 - Baby & Toddler Swim School

14:00 – 14:45 - Aqua (one lane open for lane swimming)

14:00-15:00 - Adult Only Swimming

15:00-18:00 - Family Swim

16:00-18:00 - Junior Swim School

18:00-21:00 - Adult Only Swimming

#### Friday

06:00-11:00 - Adult Only Swimming

11:00-14:00 - Family Swim

11:30-13:00 - Baby & Toddler Swim School

14:00 – 14:45 - Aqua (one lane open for lane swimming)

14:00-15:00 - Adult Only Swimming

15:00-18:00 - Family Swim

18:00-21:00 - Adult Only Swimming

### **Saturday**

07:00-11:00 - Adult Only Swimming

11:00-18:00 - Family Swim

11:00–12:00 Family Splash (Floats in the Pool)

18:00-20:00 - Adult Only Swimming

#### **Sunday**

07:00-11:00 - Adult Only Swimming

11:00-18:00 – Family Swim

15:00–16:00 – Family Splash (Floats in the Pool)

18:00-20:00 - Adult Only Swimming

Please note – 1-2-1 Swimming Lessons can take place in the pool at any time

During Swim School Lessons the Slow Lane will become the Fast Lane

The Swimming Pool Timetable may change during School Holidays – Please see the Swimming Noticeboard for amendments

