THE CLUB BREAKFAST & BRUNCH MENU

HOT BREAKFAST ¬

THE CLUB BREAKFAST

(NGA) 1140cal

Two rashers of bacon, two Cumberland sausages, hash brown, baked beans, flat mushroom and two eggs, served with toasted malted bloomer bread

THE SMALLER BREAKFAST (NGA) 650cal

One rasher of bacon, one Cumberland sausage, baked beans and an egg, served with toasted malted bloomer bread

THE VEGETARIAN CLUB BREAKFAST

(V) 818cal

Two vegan Lincolnshire sausages, hash brown, baked beans, flat mushroom and two eggs, served with toasted malted bloomer bread

Make it vegan and swap eggs for spinach & tomato

BREAKFAST STACK OR WRAP Stack 839cal | Wrap 697cal

A breakfast roll or tortilla wrap fully loaded with bacon, Cumberland sausage, fried egg, cheese and hash brown

BREAKFAST ROLL

(NGA) Bacon 492cal | Sausage 548cal | Vegan Sausage 443cal | Egg 510cal

A choice of bacon, Cumberland sausage, vegan Lincolnshire sausages (VG) or fried egg (VGA) in a toasted roll

EXTRAS

Hash brown 168cal Flat mushroom 10cal Baked beans 130cal Two fried eggs 228cal Black pudding 299cal Two rashers of bacon 213cal Two sausages 302cal

TOAST & PRESERVES

(V)(NGA)

Two slices of white with a choice of; Tiptree jam 404cal, marmalade 402cal, Nutella 408cal, or Marmite 348cal

Two slices of brown with a choice of; Tiptree jam 419cal, marmalade 417cal, Nutella 423cal, or Marmite 363cal

EGGS ON TOAST

(V)(NGA)

White toast with a choice of: fried *515cal*, poached *433cal* or scrambled *432cal*

Brown toast with a choice of: fried *530cal*, poached *448cal* or scrambled *447cal*

Sourdough with a choice of: fried 478cal, poached 397cal or scrambled 396cal

Add smoked salmon 139cal

CELEBRATE WITH US

Don't forget that we can cater for all types of functions and have various packages and menus available for all tastes!

> CALORIE MENU



For a full calorie breakdown of our menu, please speak to a team member or scan the QR code



- LIGHT & SWEET -

PORRIDGE

Tiptree Jam 302cal

Marmite 246cal

(V)

(V) 225cal

Freshly made porridge with a choice of whole *392cal*, semiskimmed *359cal*, oat *367cal* (VGA), soya *332cal* (VGA) or coconut milk *332cal* (VGA) served with honey

Add fruit compote 19cal or banana & cinnamon sugar 145cal

YOGHURT & GRANOLA

BUTTERED CRUMPETS

Two toasted crumpets with a choice of;

Cheddar cheese (V)(VGA) 239cal

(V) 238cal

Organic whole milk natural yoghurt, winter berry compote and granola

APPLE & CINNAMON OVERNIGHT OATS

(VG) 283cal

Oats soaked overnight in coconut milk with grated apple topped with sunflower seeds and dusted with cinnamon

CHOCOLATE ORANGE OVERNIGHT OATS

(VG) 313cal

Oats soaked overnight in coconut milk with cocoa, orange and sunflower seeds



BACK

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BRUNCH -

CRUMPETS WITH POACHED EGGS

(V) 333cal

Topped with Hollandaise sauce

Upgrade with a choice of poached smoked haddock 366cal, bacon 213cal or smoked salmon 408cal

AVOCADO & POACHED EGGS ON SOURDOUGH

(V) (NGA) 437cal

Houmous and sliced avocado topped with two poached eggs, cherry tomatoes and sunflower seeds on toasted sourdough

Make it vegan and swap eggs for spinach

Upgrade with a choice of smoked salmon 139cal, grilled chicken 131cal or grilled halloumi 268cal

SMOKED SALMON ON SOURDOUGH

338cal

With cream cheese and topped with capers

WARM TEACAKES

(V) 330cal

A toasted teacake with butter

Add a preserve 406cal

IMPORTANT INFO

All of our salad garnishes are dressed with an olive oil, honey, lemon and <u>mustard</u> dressing.

All weights are approximate prior to cooking. Some items on the menu may contain genetically modified soya or maize and some of our products may contain nuts or nut derivatives. Please ask our team for further information.

Allergens

If you have a specific allergen requirement please inform our team.

(NG) no gluten containing ingredients - please note our kitchens work with gluten containing products so we cannot guarantee that our dishes will be free of gluten traces.
(V) vegetarian (VG) vegan (VGA) vegan alternative available (NGA) non-gluten containing alternative available

Please note fried products are produced using the same fryer

PRESS JUICES & SHOTS

Berry Boost 43cal Strawberry, Mint, Apple, Lemon

Daily Sweet Greens 17cal Kale, Spinach, Celery, Romaine, Lemon, Apple, Cucumber

Tropical Turmeric 56cal Mango, Passionfruit, Pear, Pineapple, Turmeric

The Ginger Shot 41cal Apple, Ginger, Lemon

The Immunity Shot 34cal Orange, Apple, Lemon, Ginger, Turmeric, Oregano

PRĘSS



At the club we serve Odd Kin speciality coffee and a full selection of hot beverages and Lovestruck fruit smoothies.

We also stock a wide range of soft drinks and alcoholic drinks.





HOT DRINKS

MEDIUM LARGE

Espresso Americano Flat White Cappuccino Latte Turmeric Latte with coconut milk NEW

Matcha Latte with oat milk NEW

Machiatto

Mocha

Hot Chocolate

Iced Latte

Kids Hot Chocolate

Kids Babycino

Extra Shot of Coffee

Shot of Syrup

Tea Yorkshire Tea, Earl Grey, Decaffeinated, Lemon & Ginger, Blackberry & Raspberry, Chamomile, Peppermint, Green Tea

Alternative milk options available at no extra cost



DRINKS -

